Dear Friends,

We would be glad to invite you to the 1st Congress of the International Society of Natural Medicine / XXII Interdisciplinary Medical Congress of Natural Medicine which will be held in Samorin – Cilistov in the Slovak Republic. Congress is a top-notch scientific and educational event for all doctors and other specialists with a professional and interdisciplinary focus on Natural Medicine. This year, the Congress places focus on conceptual and methodological issues. A part of the Congress is Symposium Music Therapy and Human Health: Science, Practice, and Education.

Congress Thematic Areas

- Acupuncture
- Regenerative Medicine
- Scientific Music Therapy in Natural Medicine
- Comprehensive Approach Research in Natural Medicine
- Molecular Biology and Natural Medicine
- Mathematical and Physical Dimensions of Natural Medicine
- Bioinformatics in Natural Medicine
International Symposium
Music Therapy and Human Health: Science, Praxis and Education

13 – 14 October 2018
Bratislava / Samorin,
Slovak republic

The symposium is held during the 1st International Congress of the Society of Natural Medicine and XXII Medical Congress of Natural Medicine with International Participation under the auspices of the Mayor of Samorin, Gabriel Bardos, MS.

Musical therapy is developed as an effective, dynamically therapeutic-prophylactic field. It is a recognized independent specialization with a modern education system in many western countries.

There has been systematic scientific research on music therapy for more than 25 years in Russia. On this basis, innovative methods of treatment, rehabilitation, and anti-aging treatment are being developed using music. The presented treatment has received international recognition. On this basis, experiences from many countries in the world are gained from science, practice, and education which allow the music therapy integration like a global, effective system.
Symposium Main Objectives

1. Popularizing the results of leading research and scientific achievements in music therapy
2. Innovative therapeutic and “anti-aging" technologies presentation using music therapy or combined types of therapies
3. Clinical experience exchange
4. Acquaintance with the basic directions and standards of professional preparation in the field of music therapy
5. Creating mechanisms for effective international cooperation and science, education and advanced technologies experience exchange in the music therapy field
6. Discussion on principles of creation, development and the international network coordination of scientific music therapy classroom-practice centers in Slovakia and other countries

Symposium Thematic Areas

- Music therapy as a field of science and treatment-preventive activity
- Music therapy in the treatment of stress and neurosis
- Methods of musical therapy in the treatment of pain and psychosomatic disorders
- Music therapy in the rehabilitation of oncology patients
- The technology of music therapy in "anti-aging" medicine,
- Music therapy for the treatment of childhood autism and developmental disorders of children
- Perinatal music therapy
- Music therapy technology in the wellness area and in the spa treatment
- Treatment by singing used as a regeneration process and creative personality development
- liečba spevom ako ozdravný proces a kreatívny rozvoj osobnosti,
- Music therapy in psychology and pedagogy
- Educational programs in music therapy
- The combined use of music therapy as a way of increasing the effectiveness of other therapeutic methods and means of natural medicine

Cordially invited to Symposium

Music therapists, physicians, ergotherapists, psychologists, musicians, singers, teachers, art therapists, biologists and all those interested in the subject

Presence

Experts and scientists from various countries have confirmed the preliminary consent to participate in Symposium: from Slovakia, Russia, Israel, Bulgaria, Great Britain, Seychelles, Germany, Czechia, Estonia, etc.
Programme

Used Country Codes

Languages of Negotiation
English, Russian, Slovak

Friday, 12 October 2018

9:00 am – 10:00 am Official Opening of Congress, Guests’ Greeting

Theoretical and Conceptual Intersections of Natural Medicine

Block A

10.00 am – 10.40 am Solar, G. (SK) Theoretical, Ideological and Conceptual Intersections of Acupuncture and Natural Medicine in the Context of Current Developments (orig. Teoretické, ideové a koncepčné križovatky akupunktúry a naturálnej medicíny v kontexte súčasného vývoja)

10.40 am – 11.10 am Nigmatulin, R. T, Galiakhmetov, R. F. (RU) Natural and Regenerative Medicine in the Mirror of History (orig. Натуральная и регенеративная медицина в зеркале истории)

11.10 am – 11.30 am Coffee break

11.30 am – 12.15 pm Sungchul, J. (USA) Cell Language Theory, Acupuncture and Moxibution

12.15 pm – 1.00 pm Reid, J. S. (UK) Mechanisms that Underpin Sound Therapy at the Cellular Level

1.00 pm – 1.30 pm Discussion

1.30 pm – 3.00 pm Lunch

Block B

3.00 pm – 3.30 pm Beke, G., Klucar, L. (SK) How to Use Bioinformatics in Medicine (orig. Ako využiť bioinformatiku v medicine)

3.30 pm – 4.00 pm Iliyevska, T, Davidovski, K. (MK) Innovative Bioinformatical Solutions in the Field of Regeneration and Genetic Disease Treatment

4.00 pm – 4.30 pm Meissner, F. (DE) Fast Chakra-Based Ear-Acupuncture

4.30 pm – 5.00 pm Solar, J. (SK) Acupuncture Pyramidal Model in Spacetime (orig. Akupunktúrny pyramidový model v časopriestore)

5.00 pm – 5.20 pm Murckova, V. (SK) Nutritional Supplements as Part of Natural Medicine Therapy (orig. Výživové doplnky ako súčasť liečby v naturálnej medicíne)

5.20 pm – 5.50 pm Discussion

5.50 pm – 6.00 pm Coffee break

6.00 pm – 7.15 pm General assembly ISNM

8.00 pm Social Event and Common Dinner
Saturday, 13 October 2018

**International Symposium “Music Therapy and the Health: Science, Praxis and Education”**

**Block C**

<table>
<thead>
<tr>
<th>Time</th>
<th>Speaker(S)</th>
<th>Title</th>
<th>Country</th>
<th>Abstract</th>
</tr>
</thead>
<tbody>
<tr>
<td>9.30 am – 10.00 am</td>
<td>Shushardzhan, S. V.</td>
<td>From Archaic Psychotherapy to the Developed Scientific and Practical Branch: Evolution, Achievements and Prospects of Music Therapy</td>
<td>(RU)</td>
<td>(orig. От архаической психотерапии до развитой научно-практической отрасли: эволюция, достижения и перспективы музыкотерапии)</td>
</tr>
<tr>
<td>10.00 am – 10.30 am</td>
<td>Ulicki, O.</td>
<td>Application of Scientific Music Therapy Technology in the Correction of the Psychological Status of Cancer Patients</td>
<td>(IL)</td>
<td>(orig. О применении технологий научной музыкотерапии в коррекции психологического статуса онкологических больных)</td>
</tr>
<tr>
<td>10.30 am – 11.00 am</td>
<td>Gajdosikova Zeleiova, J.</td>
<td>Music Therapy in Slovakia</td>
<td>(SK)</td>
<td>(orig. Muzikoterapia na Slovensku)</td>
</tr>
<tr>
<td>11.00 am – 11.30 am</td>
<td></td>
<td>Coffee break</td>
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<tr>
<td>11.30 am – 12.00 pm</td>
<td>Petrushin, V. I.</td>
<td>Unity of the World in Sounds, Rhythms and Colours</td>
<td>(RU)</td>
<td>(orig. Единство мира в звуках, ритмах и красках)</td>
</tr>
<tr>
<td>12.00 pm – 12.30 pm</td>
<td>Itseksen, A. M.</td>
<td>Gender Mezzo-Therapy and “Mezzo-Forte” Music Therapy in Combined Treatment of Pain, Infertility and Autoimmune Diseases</td>
<td>(IL)</td>
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<tr>
<td>12.30 pm – 12.45 pm</td>
<td></td>
<td>Discussion</td>
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<tr>
<td>12.45 pm – 2.00 pm</td>
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<td>Lunch</td>
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**Block E**

<table>
<thead>
<tr>
<th>Time</th>
<th>Speaker(S)</th>
<th>Title</th>
<th>Country</th>
<th>Abstract</th>
</tr>
</thead>
<tbody>
<tr>
<td>2.00 pm – 2.30 pm</td>
<td>Petoukhov, S. V.</td>
<td>“Genetic” Music as Interdisciplinary Interaction Product of Mathematics, Biology and Art. Prospects for Use in Biotechnology and Music Therapy</td>
<td>(RU)</td>
<td>(orig. «Генетическая» музыка, как продукт междисциплинарного взаимодействия математики, биологии и искусства. Перспективы применения в биотехнологиях и музыкальной терапии)</td>
</tr>
<tr>
<td>2.30 pm – 3.00 pm</td>
<td>Kruchinskaya, Yu. N.</td>
<td>Music therapy in the treatment and rehabilitation process of patients with mental disorders</td>
<td>(RU)</td>
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</tr>
<tr>
<td>3.00 pm – 3.30 pm</td>
<td>Filaretova, T. N.</td>
<td>Integrative Approach in the Rehabilitation of “Special” Children by Methods of Music Therapy</td>
<td>(RU)</td>
<td>(orig. Интегративный подход в реабилитации «особенных» детей методами музыкальной терапии)</td>
</tr>
<tr>
<td>3.30 pm – 3.50 pm</td>
<td>Verkhuturova, A. S.</td>
<td>The Application Results of Russian Scientific Music Therapy Technologies in Working with Orphans in Seychelles as Part of the Program for Health Improving the Local Population of the Ministry of Health Seychelles</td>
<td>(RU)</td>
<td>(orig. Результаты применения российских технологий научной музыкотерапии в работе с детьми-сиротами на Сейшельских островах в рамках программы по оздоровлению местного населения Министерства здравоохранения Сейшел)</td>
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<tr>
<td>3.50 pm – 4.10 pm</td>
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<td>Coffee break</td>
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<tr>
<td>4.10 pm – 4.30 pm</td>
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<td>Discussion</td>
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<tr>
<td>6.30 pm – 8.15 pm</td>
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<td>Gala Concert</td>
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</table>
### Sunday, 14 October 2018

**Music Therapy and Health**

**Block H**

<table>
<thead>
<tr>
<th>Time</th>
<th>Speaker and Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>10.00 am – 10.45 am</td>
<td><strong>Shushardzhan, S. V. (RU)</strong> Mezzo-Forte Therapy – Technology of Rejuvenation of the Body and Appearance as well as to Combat Stress Using Innovative Musical-Therapeutic Programs and the “Mezzo-Forte” Hardware and Software Complex (orig. Мезо-форте терапия — технология омоложения организма и внешности, а также для борьбы со стрессами, с применением инновационных музыкально-терапевтических программ и аппаратно-программного комплекса «Мезо-Форте»)</td>
</tr>
<tr>
<td>10.45 am – 11.15 am</td>
<td><strong>Allik, T. (EE)</strong> Methodology of Musical Therapy for Psychosomatic Disorders within the Framework of Social, Labour and Medical Rehabilitation Programs in Estonia</td>
</tr>
<tr>
<td>11.15 am – 11.45 pm</td>
<td><strong>Yeremina, N. I. (RU)</strong> Virtual Music-Art Therapy – Innovative Technology of Mental Health Protection by Masterpieces of Painting and Music Art (orig. Виртуальная музыко-арт-терапия — инновационная технология охраны психического здоровья шедеврами живописи и музыкального искусства)</td>
</tr>
<tr>
<td>11.45 am – 12.15 pm</td>
<td><strong>Shushardzhan, S. V. (RU)</strong> Analgetic and Regenerative Music Therapy by the Hardware and Software Complex “Akuton” (orig. Противоболевая и регенеративная музыкотерапия аппаратно-программным комплексом «Акутон»)</td>
</tr>
<tr>
<td>12.15 pm – 12.45 pm</td>
<td><strong>Chernikova, E. (RU)</strong> Health Improving Possibilities of Collective Music Making and Ways of Using Them in the Work with Children of Primary School Age</td>
</tr>
<tr>
<td>12.45 pm – 2.00 pm</td>
<td>Lunch</td>
</tr>
<tr>
<td>2.00 pm – 2.30 pm</td>
<td><strong>Kuznetsov, V. (EE)</strong> Application of “Akuton”-Therapy in the Framework of Integrative Rehabilitation Process in Psychosomatic Medicine in Patients with Musculoskeletal Problems</td>
</tr>
<tr>
<td>2.30 pm – 3.00 pm</td>
<td><strong>Shushardzhan, S. V. (RU)</strong> Vocal Therapy: Work with Voice, Ultra-Fast Staging the Singing Voice, Treatment with Singing of Lung Diseases and Anti-Aging Therapy (orig. Вокалотерапия: работа с голосом, сверхбыстрая постановка певческого голоса, лечение пением заболеваний легких и антивозрастная терапия)</td>
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<tr>
<td>3.00 pm – 3.30 pm</td>
<td><strong>Brain, A. (UK)</strong> Anti-Aging Effects of Vocal Therapy</td>
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<tr>
<td>3.30 pm – 4.00 pm</td>
<td>Discussion</td>
</tr>
<tr>
<td>4.00 pm – 4.20 pm</td>
<td>Coffee break</td>
</tr>
<tr>
<td>4.20 pm</td>
<td>Evaluation of the Congress Conclusions and Congress Closing Ceremony</td>
</tr>
</tbody>
</table>
Congressional Leadership

President of the Congress: Gustav Solar, MD, PhD
Vice President of the Congress: Prof. Sergey Vaganovich Schushardzhan, MD, DMedSc, PhD
General Secretary of the Congress: Mgr. Alica Sekacova, MD
Chairman of the Organising Committee: Juraj Gajdos, MD
Public Relations Manager of the Congress: Ivana Zeliznakova, MS

Congress Organising Committee

Lucia Dobakova, MD
Lucia Miklosova
Magda Miklosova, MD
Ing Stefan Miklos
Viera Murckova, MD
Ing Juraj Solar
Zlatica Solarova, MP, PhD
Marek Spal

Registration Fees

<table>
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<th></th>
<th>until 31/8/2018</th>
<th>from 1/9/2018</th>
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<td>Members* of ISNM / MSNM</td>
<td>80 €</td>
<td>90 €</td>
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<td>Others</td>
<td>120 €</td>
<td>130 €</td>
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<td>The price includes lunch on Friday and Saturday</td>
<td>lunch on Sunday</td>
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<tr>
<td>Students** and Inactive Pensioners (without a meal)</td>
<td>40 € from 1/9/2018</td>
<td>40 €</td>
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<td>IBAN</td>
<td>SK95 1100 0000 0029 2483 2519</td>
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<td>Variable Symbol:</td>
<td>102018</td>
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<tr>
<td>Note to Recipient:</td>
<td>Congress, name and surname (do not apply company name)</td>
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Application

The Congress attendance application is the form on the page akupunktura.sk – title “Informácie” > chapter “Kongres naturálnej medicíny 2018” > button [Registrácia / Registration], link: https://www.akupunktura.sk/prihlaska-na-kongres/.

The application is also a binding order. A registration confirmation will be sent to the email address you provided after completing and submitting your application. Paying by the bank transfer should proceed within 10 days.
In case of canceled participation after confirmation step until 28 September, please contact us at: kongres.nm@gmail.com.

* Member of the LSNM and ISNM must provide proof of the payment of the membership fee for 2018. Membership fee cannot be paid directly at Congress.
** Student must submit a valid study report (index)
*** in the case of your interest, Sunday lunch will be paid at the presentation (please do not pay it by the bank transfer with the registration fees).
Societas Internationalis Medicine Naturalis

International Society of Natural Medicine

Partners

Medical Society of Natural Medicine

The First Clinic of Acupuncture and Natural Medicine of G. Solar, Ltd.

City of Samorin

Avita International, JSC